



On Your Bike!

The excitement for Signature Tour 2024 is building here in the Tour de Cure office as we're finalising many of the logistical sides of tour, it is going to be amazing! We are eight months from tour, and winter is a perfect time to build your training base on the bike and get an early start on your fundraising.

Tour Logistics [Click here for FAQs](#)

'Be Fit' Training, NSW rides are back | Discounts

'Be Healthy' - Where the money goes | Connect to TDC

'Be Happy' Fundraising Workshop Thursday 20 July 12noon AEST



Read more about the route and [FAQs here](#)

Signature Tour Special Offers POC Helmets and Accessories

Tour de Cure partners at POC are generously offering our TDC community a 20% discount off their helmets and cycling accessories. Use the promo code POC-TDC-202023 on the [POC website](#) to receive the discount.

Lezyne, Goodyear and Abus 30% Discount

If you're looking for bike lights, tyres and bike locks, our generous partners are offering 30 Signature Tour riders, a 30% discount across their website. Please contact fundraising@tourdecure.com.au to claim a limited discount code.

[Abus](#) | [Goodyear](#) | [Lezyne](#)

'Be Fit' Training

NSW Training rides from Sydney's Neutral Bay are back this Sunday! Join the [NSW](#) Strava club and [join the ride](#) and get a head start on your minimum of five TDC training rides before tour.

Signature Tour Skill & Fitness Level [Calendar](#)

Signature Tour [Training Program](#) | Tour Experience [Training Program](#)

Tour de Cure offers training rides in many locations, before work and weekends, you'll find these rides posted on Strava [ACT](#) | [NSW](#) | [QLD](#) | [SA](#) | [TAS](#) | [VIC](#) | [WA](#) | [VIRTUAL](#). The 2024 Signature Tour course is a challenging route with big kilometre and elevation gains, put in the work now to build your skills and fitness.

'Be Healthy'

How are Tour de Cure's funds distributed?

Researchers, scientists, medical and support bodies can apply for funding via our annual grant round. Grants are assessed by our Grants Committee who focus on funding grants that can impact the lives of Australians. [Read more...](#)

What do we fund?

Tour de Cure funds traditional research projects which include:

- Senior Research Grant – worth up to \$200,000
- Young Research Grant – worth up to \$125,000
- Pioneering Cancer Research Grant – worth up to \$80,000
- Collaborative Grant – worth up to \$50,000
- PhD Grant - worth up to \$10,000

Where your donations go

We don't take your fundraising and donations lightly. Our funding allocation model meets strict criteria, with due diligence measures at every step of the way. For every dollar we receive:

70.3 cents goes to cancer projects

25 cents is invested in events to generate future income

4.7 cents is spent on essential administration

Your fundraising and donations are helping us to drive change, working together with the brightest minds to unlock new cancer treatments that get us closer to a cure

Connect with the Tour de Cure family, join the Signature Tour facebook group and state facebook pages.

1. Sign up to the TDC Hub if you haven't already hub.tourdecure.com.au - support crew too!
2. Join the Signature Tour [facebook group](#)
3. Join state facebook pages [TDC Australia](#) | [VIC](#) | [NSW](#) | [SA](#) | [WA](#) | [QLD](#)
4. If you missed the first Wheel2Wheel newsletter [catch up here](#)

'Be Happy' Join the Fundraising Workshop

You are invited to join us for the **Tour de Cure Fundraising Workshop** – Virtual MS Teams

We'll take you through ways to get started on your fundraising journey and putting the FUN into FUNdraising! Suitable for support crew and riders who are raising funds for Tour de Cure

Thursday 20 July
12.30pm to 1.30pm AEST
Via MS Teams

In 45minutes you'll hear:

- Different ways to fundraise
- What kind of fundraiser are you
- Fundraising as an individual or in a team
- How to get started

If you are unable to attend the virtual workshop, the session will be recorded and shared along with the slides on the [Signature Tour website](#)



Tour Checklist

As part of registering for tour you have some things to check off your 'to do' list. These may seem time consuming right now, but they are important to complete your registration. Get this 'stuff' out of the way as soon as you register and then you can cruise into tour without a worry!

Tour Checklist

Please ensure you are up to date with your tour mandatorys

- Sign up to the [TDC Hub app](#) (Support crew and riders)
- Complete your medical clearance by visiting a GP and upload your signed [form](#) to the TDC Hub app (Riders and Support Crew). Medicals are valid for one year from your doctor's visit.
- Upload your Working With Children Check (volunteer application) number and expiry to TDC Hub app (Riders and Support Crew). Apply now, these can take time to process.
- Take out appropriate insurance for training (Riders)
- Completed a minimum of 5 TDC Supported 40km+ rides
- Reach your fundraising commitment by 14 March 2024

Please contact me if you have any questions about your fundraising or anything Tour related, let's chat about your fundraising plan!

Claire Robertson
Fundraising Coach & Team Support

02 8073 4000 | 0430 131 551

fundraising@tourdecure.com.au



Tour Quick Links

Queries: fundraising@tourdecure.com.au

Donations/Accounts: accounts@tourdecure.com.au

Fundraising [Guidelines](#)

Signature Tour [FAQs](#) | [Tour Logistics](#)

Signature Tour [Fundraising & training resources](#)

Signature Tour [Where the money goes](#)

[Training Plan](#) | [Tour Exp](#) | Training [Skill & Fitness Levels](#)

Website: [Signature Tour](#) Facebook: [Signature Tour](#)

Strava: [ACT](#) | [NSW](#) | [QLD](#) | [SA](#) | [TAS](#) | [VIC](#) | [WA](#) | [Virtual](#)

Previous Signature Tour Photos: [Signature Tour 2023](#)

TDC Videos: [You Tube](#) to share on social media

[Medical Form](#)

Register on [TDC Hub](#)

Purchase optional additional kit [ChampSys](#)

Letter of Authority and Certificate of

Currency fundraising@tourdecure.com.au