

Final Information Session

5th March 2024

Signature Tour 2024

Curing cancer, Changing lives



TONIGHT'S SESSION

- Fundraising update
- Comms on tour
- Peloton Management
- Day 0 Logistics
- Finale details
- Values Jerseys
- Questions



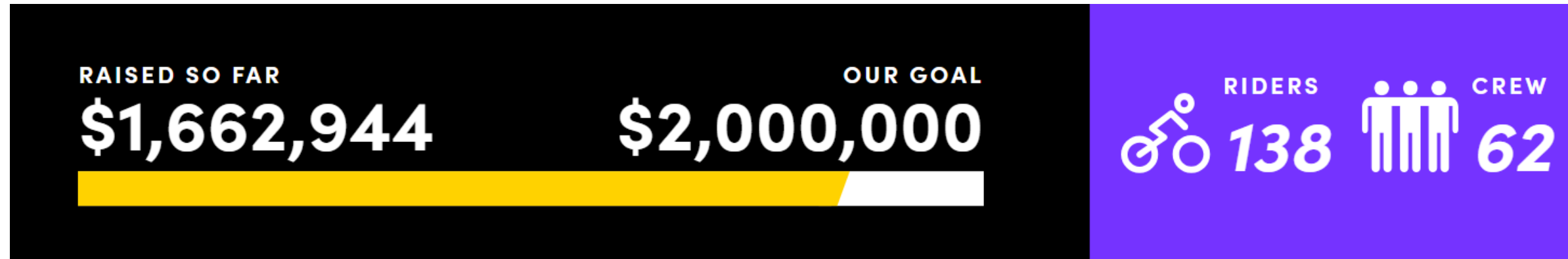
**TOUR
DE
CURE**

Fundraising

Claire Robertson



Signature Tour | Fundraising update



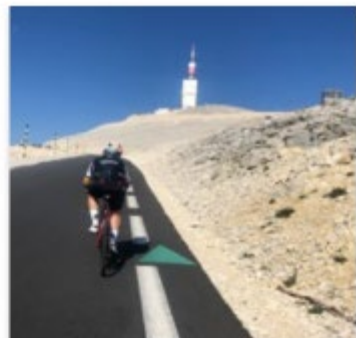
Fundraising during tour

- Just Ask
- Out of Office on with fundraising link / QR
- Post everyday
- Share the Signature Tour videos
- Thank all your donors

Top Rider Fundraisers



Clint Bowen
\$198,000



Dennis Meehan
\$30,955.65



Reg Crawford
\$30,873.4

Top Support Crew Fundraisers



Nanette Bowen
\$12,580.93

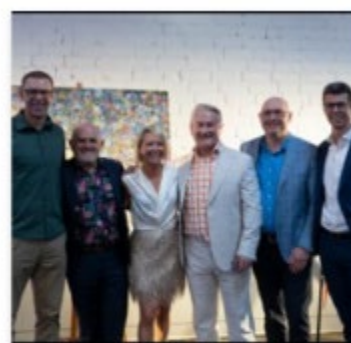


Melinda Nay
\$3,922.13



Kathy Padgett
\$3,708.15

Top Team (average per person)



Cobbled Nights
\$88,512.05



Team Richo
\$34,095.57



Team Gershy
\$32,877.13



Signature Tour | Cancer Support \$10k grants



Hobart – Cancer Council Tasmania, providing SunSmart event kits to school and community events including shade, sunscreen dispensers and SunSmart behaviour signage.

Swansea – Cancer Council Tasmania, training for Regional Ambassadors to connect the people of the East Coast with prevention and supportive care services.

Launceston – Look Good Feel Better, helping people to manage the most common physical and psychological impacts of treatment.

Geelong – Challenge Cancer Support Network, providing respite accommodation for children and families living with cancer.

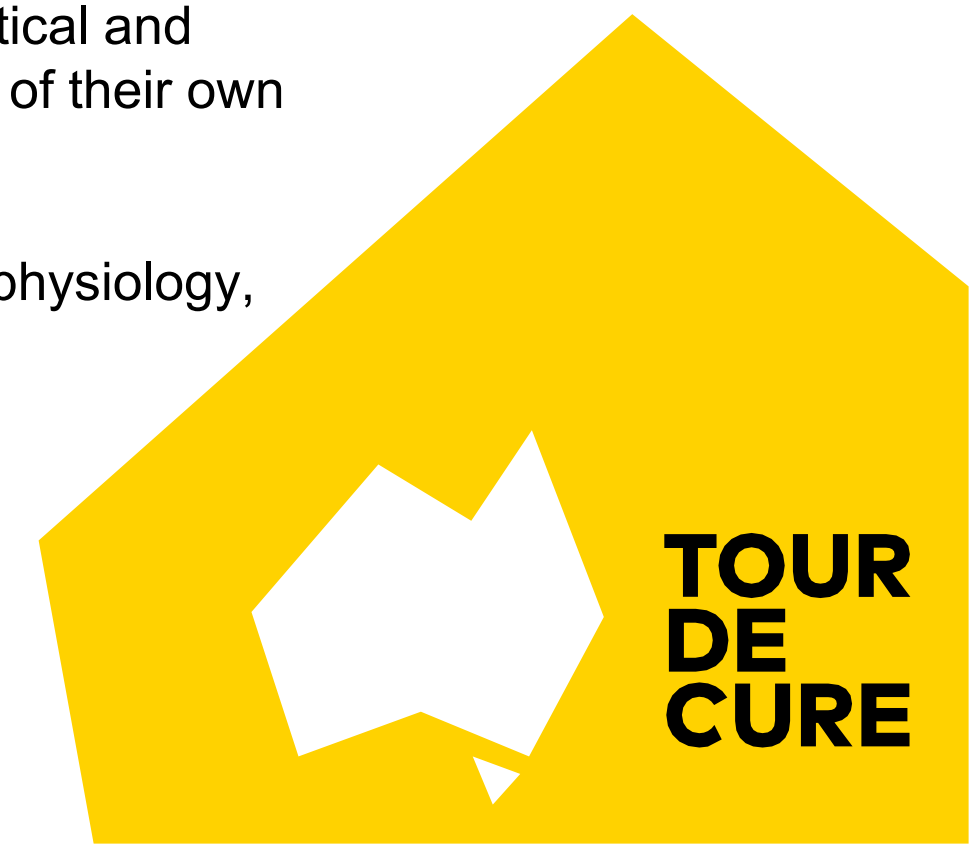
Apollo Bay – Great Ocean Road Health, funding infusion equipment to reduce the stress, financial cost and travel time by offering infusion services locally.

Warrnambool – Warrnambool & District Community Hospice, Offering end-of-life care through trained volunteers who offer practical and emotional assistance, companionship, and respite for caregivers, enabling individuals to spend their last moments in the comfort of their own homes.

Mount Gambier – Limestone Coast Local Health Network, offering holistic services like massage therapy, art therapy, exercise physiology, and access to ongoing support programs.

Robe – Limestone Coast Local Health Network, providing education to staff for Survivorship care, which can include the management of late side-effects of treatment, the improvement of quality of life and psychological and emotional health.

Meningie – Tailem Bend Community Centre, funding The Medical Bus Service which assists residents with the 250km transport to and from treatment.



Signature Tour | School Visits



We will be visiting 5 primary schools to share our cancer prevention message

#BEFIT #BEHEALTHY
#BEHAPPY



Signature Tour | Communications on tour

- **Full Team** WhatsApp Messenger chat for ALL tour participants
- If you don't already have this app on your phone, please go to the app store and download it.
- To join the Full Team chat, scan the QR code with your phone camera.
- This is a 'no banter' group – it will be used to communicate daily itineraries and other important tour information.
- Use your existing Team Captain WhatsApp chat for banter



SIG 24 - FULL TEAM
WhatsApp group

Riders and Support Crew



SIG 24 - SUPPORT CREW
WhatsApp group

Support Crew only



Fundraising and Social on Tour

Please follow us and also ensure you tag us in any of your posts!

Facebook: @TourdeCureAustralia

Instagram: @tourdecureaus

LinkedIn: @Tour de Cure Australia

Twitter: @tourdecure_au

HASHTAGS:

#letscurecancer #Signaturetour #Tourdecure

[Media Release](#)

[Daily Schedule](#)

[High-Res images](#)



Logistics & Prep

Signature Tour | Bike Transportation

Sydney | Bike drop

Where: Tour de Cure Head office
14 Rodborough Rd, Frenchs Forest

Date: **Sunday 10 March 2024**

Time: 12noon to 2pm

Kit will be available, kit swap in Hobart

Sydney | Bike collection

Where: Tour de Cure Head office
14 Rodborough Rd, Frenchs Forest

Date: Date to be confirmed

Melbourne | Bike drop

Where: Lakeside car park, Albert Park,
Melbourne

Date: **Tuesday 12 March 2024**

Time: 9-10am

*Kit and kit swap in **Hobart***

Melbourne | Bike collection

Where: Lakeside car park, Albert Park,
Melbourne

Date: Date to be confirmed



Signature Tour | Pre tour

Check In for Tour | Hobart

Thursday 14 March, Day 0, 4pm-5pm

Check in Discovery Park Hobart or Mornington Discovery Park Hobart

Find out which Discovery Park you are staying at [CLICK HERE](#)

If you have arrived in Hobart a few days earlier and staying at your own accommodation, please make your own arrangements to get to the Discovery Parks. Chat to your team mates in your team WhatsApp and share an Uber!

4pm – 5pm check in with TDC Team at your respective holiday park, collect accom key, kit, kit swap.

A bike mechanic will be at each Discovery Park to check over if you have assembled bike yourself. Your bike will stay in your room overnight. All bikes checks to be completed on Thursday, Day 0.

Dinner Day 0, Thursday 14 March

TDC will provide transport to Blundstone Arena, Ricky Ponting Room, 15 Derwent Street, Bellerive

6pm Pre-dinner drinks, pay as you go.

6.30pm Dinner in Ricky Ponting Room. Dinner is for all Signature Tour participants plus friends and family who have pre-purchased community dinner tickets. Tickets for Community Dinners are now closed, no tickets available on the night.

8pm Briefing The On-Bike Manager will give the Day 1 briefing at conclusion of dinner. Transport provided back to the Discovery Parks

The logo for 'TOUR DE CURE' is located in the bottom right corner. It features a white, stylized mountain peak or star shape on a yellow background. To the right of this shape, the words 'TOUR DE CURE' are written in a bold, black, sans-serif font, stacked vertically.

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Signature Tour | Tour experience riders – Geelong

Geelong | **Joining Tour**

Where: Novotel, Geelong

Date: **Sunday 17 March 2024**

Time: 4-6 pm Check In with TDC Team

Kit collection, collect accomm key

Kit swap Monday morning

TDC will provide dinner for Signature Tour participants, not open to family and friends.

Your bike will stay in your room overnight. You will receive full briefing for Monday at dinner

Where: Novotel, Geelong

Date: **Monday 18 March 2024**

Time: To be advised at briefing at Sunday dinner

Kit swap and bike mechanic to check over if assembled bike yourself.



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Signature Tour | Kit summary for riders

Riders will receive:

- 2 x sets of tour cycling kit
- 2 x Black dinner polo shirt - bring your own if repeat
- 1 x Black t-shirt (*for the afternoon*)
- 1 x baseball cap
- 2 x water bottles
- Drawstring day bag - bring your own if repeat
- Laundry bag- bring your own if repeat
- Sticker sheet with 4 name stickers, luggage tags and top tube sticker
- Race tag

** In case of rain please make sure you bring your own Rain Jacket

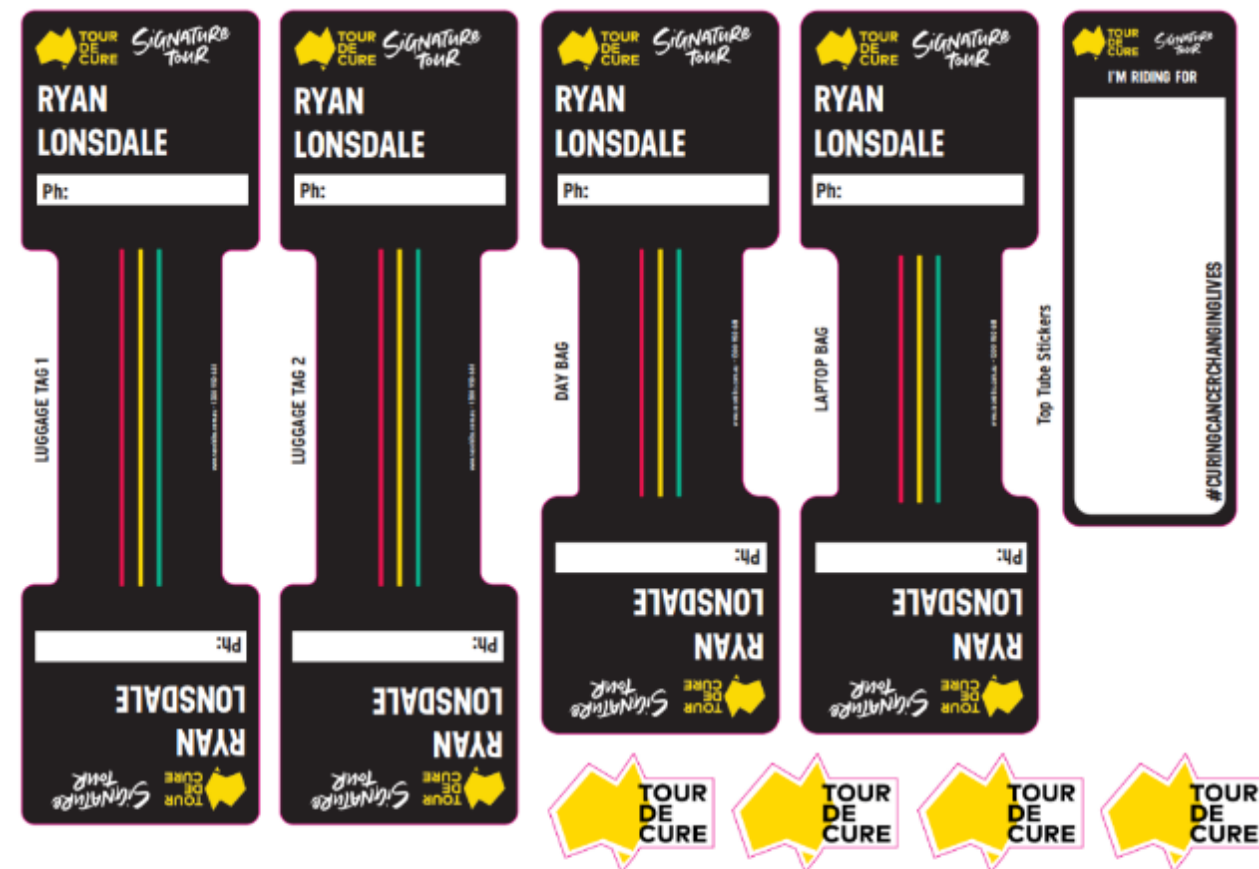
Tips: Write your name and phone number on laundry bag and tie a coloured ribbon through the holes. Safety pin the zip shut.



- Strong safety pin
- Permanent marker
- Coloured ribbon



Signature Tour | ID



Everyone will receive:

A sticker sheet with two luggage tag stickers, one day bag sticker, one laptop bag sticker, one top tube sticker and 4 name labels.

Write your phone number on the luggage label.

Riders: please ensure your helmet is labelled on each side.

Riders will receive:

One race tag mount - To identify your bike, please secure this to your seat-post using the bracket provided on Day 0



Signature Tour | Kit summary for support crew

Support crew will receive:

- 2 x Black dinner polo - bring your own if repeat
- 2 x Black TdC t-shirts - bring your own if repeat
- 1 x pair of TdC socks
- Baseball cap
- Water bottle
- Laundry bag - bring your own if repeat
- Sticker sheet with luggage tags and name labels



Signature Tour| Finale

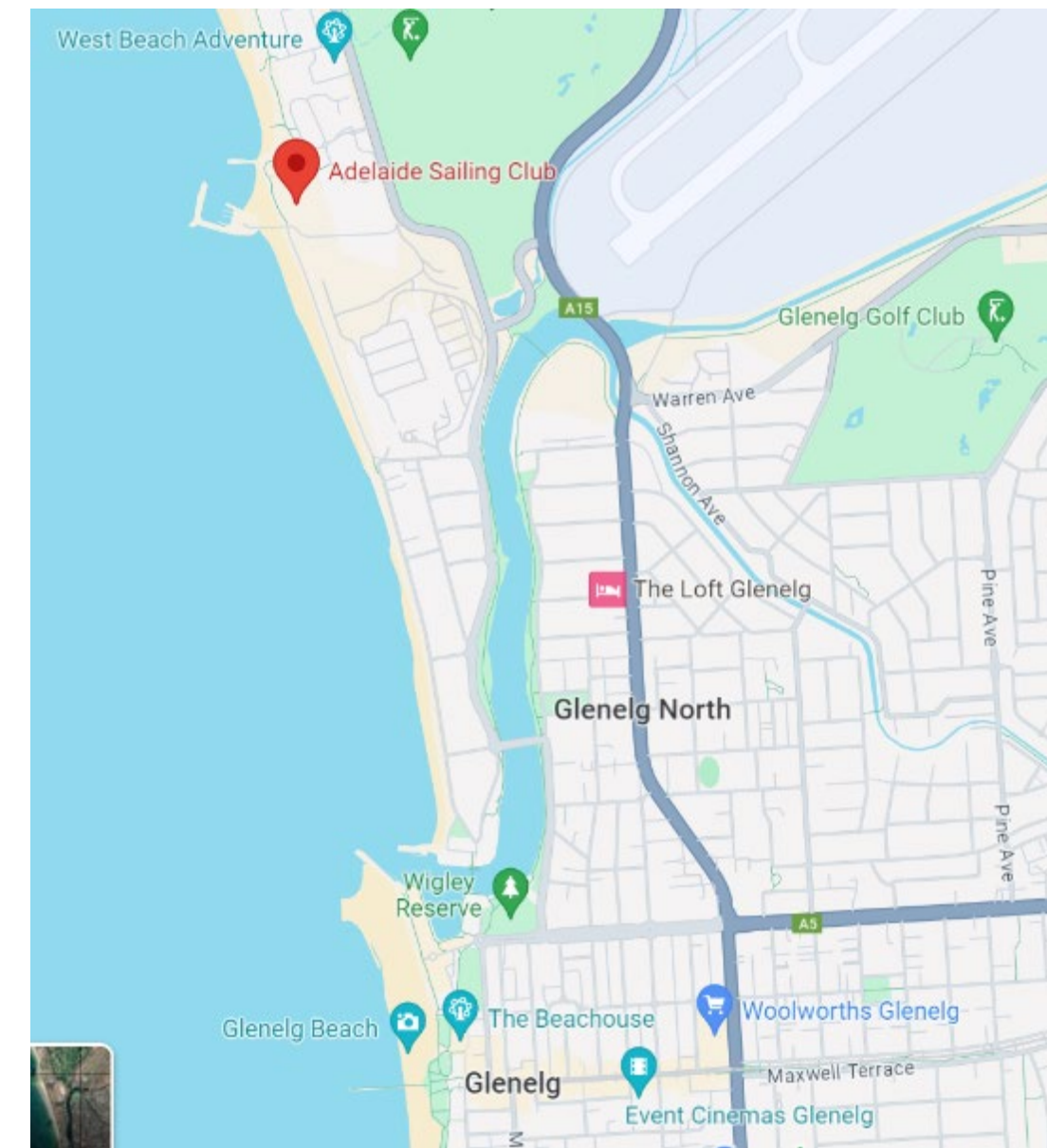
Arrival venue: Adelaide Sailing Club, West Beach

Team arrival: Approx 3pm - Your friends and family can welcome you into the finale

Celebration: 3:00pm – 5:00pm. Friends and family welcome, at own expense. Signature Tour team members will receive drinks and snacks.

Tour concludes at 5pm

Please book your own way home or accommodation if staying in Glenelg/Adelaide





On Tour

Clint Bowen

How will we ride this Tour

We will be in 6 pelotons from Hobart to Adelaide.

Signature Tour is a 9 day endurance tour and we will aim to give everyone the best experience possible. Weather will likely play its part so it was great to see in our peloton survey that riders were overwhelmingly extremely keen to ride where needed and help out. This has enabled us to design a plan that will enable us to be very efficient as a group as well as give the Challenge riders a time to up the tempo.

The Peloton Plan

- On days 1,2,6,7,8 we will ride as 6 x Mixed Pelotons which is a wonderful opportunity to mix, support and meet everyone at a moderate pace.
- On days 3,4,5,9 we will run an extended Challenge route. Challenge riders will do the extended route at a faster pace on these days.

How do Ride Uplifts work?

- Everyone in Ride Plus and Ride Uplift will ride together each day. The only difference being that Ride Uplift will be starting their day at Morning Tea on Day 2,6,8,9. Bikes will be loaded onto one of the “Foo” trailers and you will be uplifted to morning tea to join your peloton.

What if I've put the wrong peloton in my survey?

We're very conscious we are welcoming riders from all over Australia, so don't stress. We've taken your survey preference Hub data from your TDC training rides. On Day 1 all pelotons will be riding the same route at a similar pace, with very experienced Peloton Managers. See how you go and have a chat to your peloton manager if you have questions.

How far do we ride?

Subject to final police approvals the courses distances and elevations will be approximately as follows:

Day	Leg	Ride Course		Ride Uplift distance to M/Tea	Ride Plus Course		Challenge Course		Peloton Plan
		Km	elev		Km	elev	Km	elev	
1	Hobart - Swansea	137	1668		137	1668	137	1668	6 x mix pelotons
2	Swansea - Launceston	123	1014	U36km/670m	159	1684	159	1684	6 x mix pelotons
3	Launceston - Devonport	123	1279		123	1279	147	1636	2 x challenge, 4 x mix
4	Geelong - Apollo Bay	127	1386		127	1386	152	1562	2 x challenge, 4 x mix
5	Apollo Bay - Warrnambool	107	798		107	798	164	2001	2 x challenge, 4 x mix
6	Warrnambool - Mt Gambier	149	1000	U50km/150m	199	1154	199	1154	6 x mix pelotons
7	Mt Gambier - Robe	131	554		131	554	131	554	6 x mix pelotons
8	Robe - Meningie	142	566	U43km/50m	185	609	185	609	6 x mix pelotons
9	Meningie to Adelaide	114	1310	U46km/50m	160	1367	188	1699	2 x challenge, 4 x mix
	Total	1153	9575		1328	10499	1462	12567	



Day 1 Peloton Allocation

Peloton 1	Peloton 2	Peloton 3	Peloton 4	Peloton 5	Peloton 6	Tour Experience
Anthony Atack	Andrew Gersbach	Andrew wilson	Adrian la Grange	Adam Hines	Anthony Leach	Ammon Mackie
Ben Tait	Andrew Quinn	Caitlin Richardson	Andrew Leakey	Adam Laws	Cameron Burrows	Brian Payne
Blaine Pickering	Anna Nicholas	Chelsea Zadravec	Bailey Bishop	Andrew McLoughney	Chris Barrett	Elly Warren
Danielle Blake	Brett McLeod	Cherie Huxley	Clint Bowen	Andy Keyte	Chris Kearney	James Tobin
Francois Genest	Brodie McEwan	Chris Richardson	Dennis Meehan	Angelique Sanders	Hayden Berg	
Gary Judge	Caleb Gersbach	Cory Morris	Gareth Jones	Chien Wei Seong	Heath	
Graeme Berry	Darren Thomas	David Beak	Glen Hoffman	Chris Hennessey	James Gleeson	
Honor Edwards	David Hall	Dawn Hinds	Glenn East	Glenn Screech	Janine Thomson	
Jamie Durie	David Torrance	Duncan Haskins	Grant Mcfarlane	Jim Fogarty	Jim Finaly	
John Gornall	Elizabeth Notman	Keaton Ingram	James House	Kat Williamson	Jon Ingram	
Mark Dawson	Glen Scholz	Lindsay Davies	Jeremy Hickson	Kerry Humphries	Kristen Pimpini	
Mark Hackett	Isobelle Smith	Malcolm McComas	Jobi Harper	Matt Howard	Mark Forrester	
Matthew Glass	James Edward Parker	Margaret Murphy	John McClelland	Michael Ford	Michael Martin	
Meghann Reitsema	Jo Gomboso	Narelle McClelland	Linda Ross	Mitchell Healey	Michael Stevens	
Michael Jorgensen	Leanne Cash	Paul Egan	Mark Beretta	Paul Beretta	Paul Nemet	
Neil Page	Lisa Cashin	Peter Hinds	Martin Krsek	Shane Lee	Pete Hodgson	
Paddy Ryle	Mark McOnie	Peter Tazelaar	Nik Ehnbohm	Simon Elliot	Richard Scolyer	
Peter Kelly	Michael Paulsen	Rowan Price	Phil Isard	Su Pretto	Richie Porte	
Rob Collins	Nathan Parsons	Sam Nicholas	Rachael Scott	Zac Morris	Rick Stern	
Sam Austin	Pete McCarron	Susie Heath	Reg Crawford		Simon Johnson	
Stefan Feldmann	Raefer	Tim Sexton	Ross Bender		Steve Brown	
Tony Leach	Tony Corelli	Todd Coulthard	Terese wood		Steve Williams	
		Uno Makotsvana	Terry Tyrrell		Stuart Pass	
		Zac Amos			Tom Cooper	
	Blue Peloton Management		Ride Leader		Day Mechanic	



Signature Tour | Roll out - DAY 1

Friday 15 MARCH

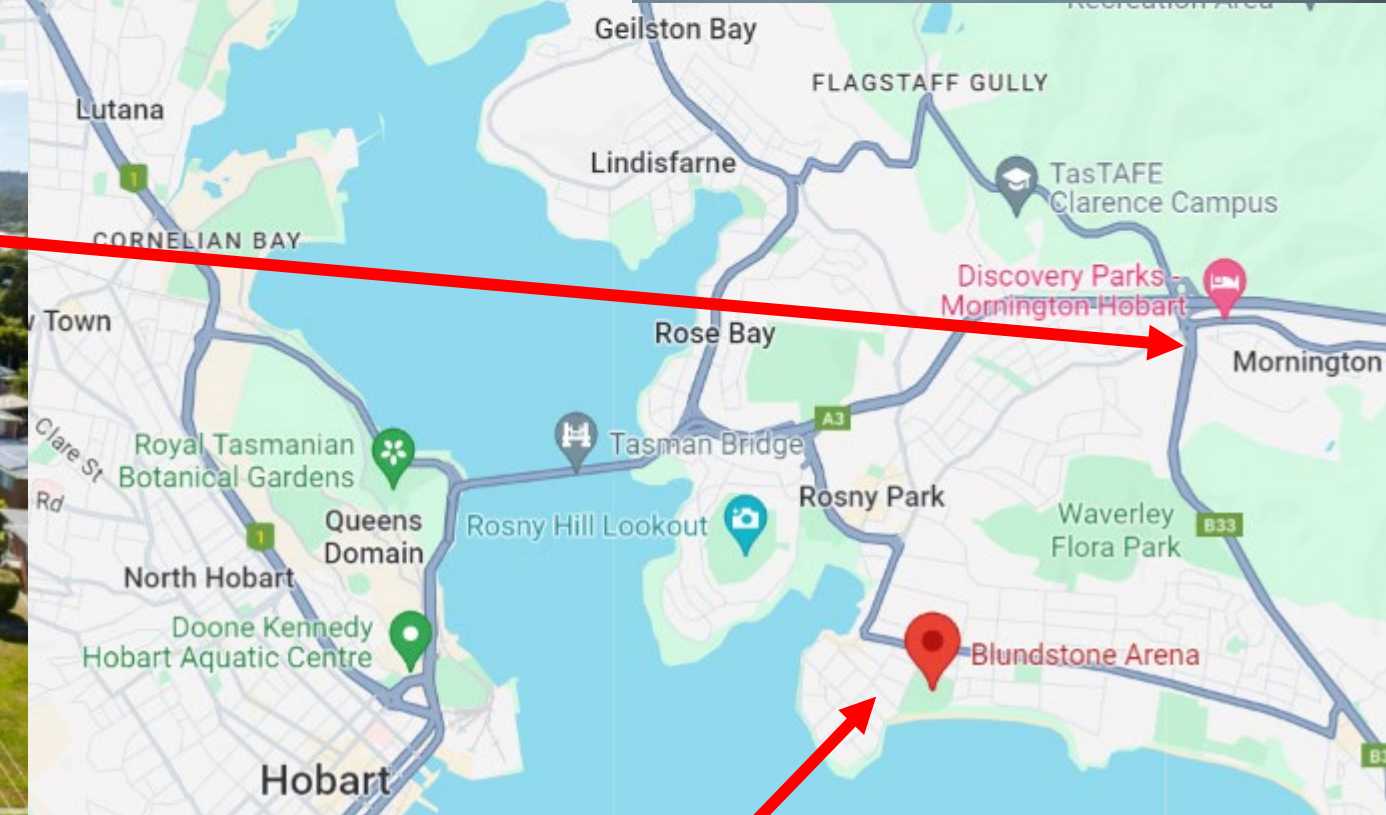
Ride to Breakfast at Blundstone Arena

**We will roll out from Blundstone Arena,
15 Derwent Street, Bellerive**

Your friends and family can see you off from
7am to 9am dependent on your peloton.

Discover the routes you will be riding
[Route Maps Download](#)

Further details will be explained at the briefing at
the Day 0 dinner.



Signature Tour | Spirit of Tasmania

If you're not a great sailor, please bring your own motion sickness medication.

You can purchase over the counter medication such as Travelcalm or check with your GP if you require something stronger.



Signature Tour | Accommodation

You will share with two to three same gender people per room unless you have booked the single supplement. Each afternoon you will be advised who you are sharing with on WhatsApp, we try to mix up the room allocations so you get to meet new people. We will accommodate couples together

Thu 14 Mar Day 0: Accommodation Hobart,

Fri 15 Mar Day 1: Hobart to Swansea –Accommodation Swansea

Sat 16 Mar Day 2: Swansea to Launceston –Accommodation Launceston

Sun 17 Mar Day 3: Launceston to Devonport –Accommodation Spirit of Tasmania ship

Alternative for Tour Experience joining in Geelong: Sun 17 Mar Day 3: Accommodation Novotel Geelong

Mon 18 Mar Day 4: Geelong to Apollo Bay –Accommodation Apollo Bay

Tue 19 Mar Day 5: Apollo Bay to Warrnambool –Accommodation Warrnambool

Wed 20 Mar Day 6: Warrnambool to Mount Gambier –Accommodation Mt Gambier

Thu 21 Mar Day 7: Mount Gambier to Robe Accommodation Robe

Fri 22 Mar Day 8: Robe to Meningie Accommodation Meningie

Sat 23 Mar Day 9: Meningie to Adelaide NO accommodation, tour has ended



**TOUR
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People who can help on Tour

Medics

Margaret Murphy

Glenn East

'Kidd' Chien-Wei Seong

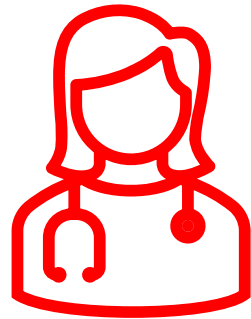
Mick Paulsen

Tonia Harper

Shehnarz Salindera Day 1 to 3

Izzy Smith Day 1 to 3

Elly Warren Day 5 to 9



Sports Therapist

Amanda Sheridan

Todd Coulthard

Lucy Caldwell Day 1 to 3



Off-Bike Mechanic

Steve Brown

Michael Rossendell



Vittoria Coffee





Values Jersey

Tour de Cure Values Jersey

The VALUES jersey is awarded each night on tour to the riders and support crew who display Tour de Cure's CARING values.

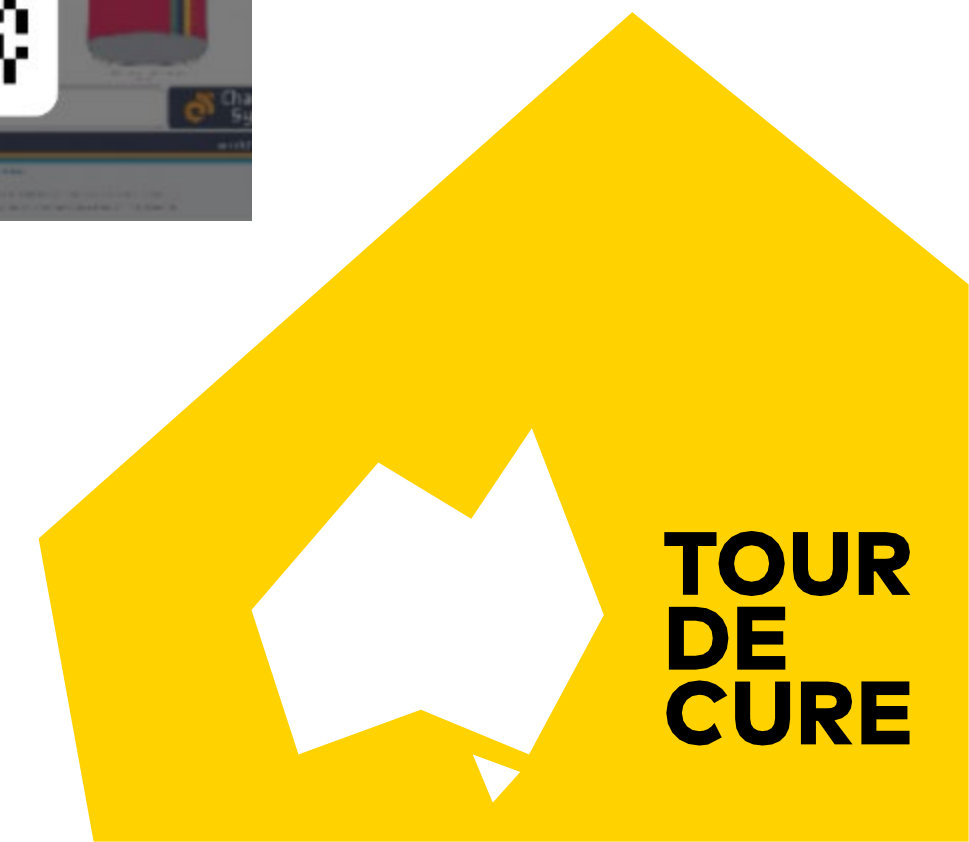
- Courageous: We do what we say we will do and what is right
- Achieving: We work with purpose beyond ourselves to ensure we reach our goals
- Respectful: Our actions and words consider others first, me second
- Inclusive: We are committed to diversity and make inclusion a priority
- Nurturing: We provide honest feedback to help each other improve
- Growing: We measure our progress in everything we do

The winners of this jersey are decided by YOU.

Each day you'll be offered the chance to nominate the people you think deserve to be recognised. Three jerseys are awarded at each dinner. Vote for many, vote often!

Nominate by Monday 12 March for Day 0 presentation.

Nominate Here <https://forms.office.com/r/jH4Xi8Ymwv>



Let's Recap

- Tour mandatories upload today
- Reach fundraising commitment during tour
- Be on time
- Put the FUN into FUNdraising and UNITY into community!
- Out of office on with your fundraising link and fundraising QR code
- Emergency Contact Day 0: Tour Manager Emily Nelson 0433 475 929

Embrace TDC values

Courageous
Achieving
Respectful
Inclusive
Nurturing
Growing

Nominate today for Value jersey on Day 0



Join the Full Team WhatsApp.

SIG 24 - FULL TEAM
WhatsApp group



SIG 24 - SUPPORT CREW
WhatsApp group



**TOUR
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CURE**

Questions Tour FAQs

STAY CONNECTED

Signature Tour Newsletters. If you missed out on our email newsletters, catch up here!

[Welcome to Signature Tour #1](#) | [Wheel2Wheel #2 14 July 2023](#) | [#3 4 August 2023](#) | [#4 13 October 2023](#) | [#5 23 November 2023](#) | [#6 20 December](#) | [#7 30 January 2024](#) | [#8 18 February 2024](#)